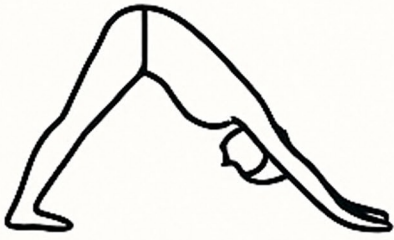


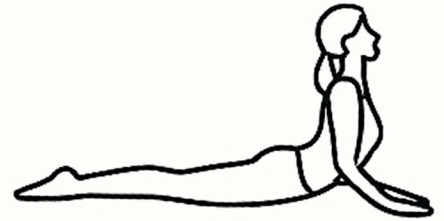
Common Yoga Poses



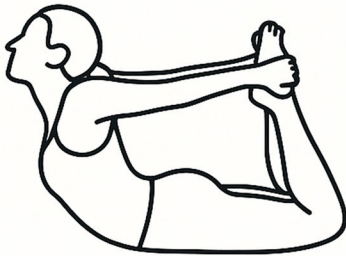
**Adho Mukha
Svanasana**
Downward Dog
Posture



Balasana
Child's Posture



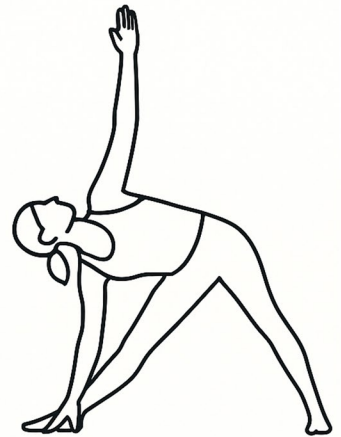
Bhujangasana
Cobra Posture



**DHANUR
ASSAN**
BOW POSTURE



Paschimottasana
Seated Forward
Bend



**PARIVRTTA
TRIKONASANA**
REVOLVED TRIANGLE
POSTURE



GARUDASANA
EAGLE
POSTURE



USTRASANA
CAMEL
POSTURE



VRKSASANA
Tree Posture



Savasana
Corpse Posture